



Start For Life

Start for Life aims to improve the health of babies and children, from conception, throughout pregnancy and up to the age of two.

This time is really important for healthy development. We want to support parents-to-be and mums, dads and carers to give their children the best foundations for future health and happiness.





Find out more about Start for Life services. Some are universal services which everyone can access. Some are unique to the place you live and include targeted and specialist support for those that need it.

You'll be able to access Start for Life services online, in the home or in community settings.

For more information visit:

www.kent.gov.uk/startforlife or call 03000 41 92 92

