

# Mental Health and Well Being - A Whole School Approach Thursday 7<sup>th</sup> November Ashford International Hotel

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- 08.30 Arrival, registration and refreshments
- 09.00 Welcome & Introductions  
James Robert, Chief Executive Officer, The Education People
- 09.10 Supporting the mental health needs of every learner  
Dr Pooky Knightsmith
- 10.15 It's my mental health – not yours!  
Dr Tina Rae
- 10.45 Refreshments/trade stands/networking
- 11.15 The Emotionality of Teaching – 'What the mind possesses, the body expresses'  
Helen Stollery – Nurture UK
- 12.05 Workshop
- 13.05 Lunch
- 14.05 Workshop
- 15.05 Refreshments
- 15.20 Creating Mental Wealth in all Children  
Professor Barry Carpenter
- 16.20 Plenary & close